**Summer Salad**

Mixed Romaine lettuce and spinach leaves

1 cup mixed fresh fruit- Saskatoon berries, chopped apples, peaches, strawberries or whatever is in season

1/3 cup toasted pecans tossed in 1 tsp icing sugar

purple onion thinly sliced- approx 1/4 of a small onion

Dressing:

1/4 cup red vinegar

1/2 cup canola oil

1/4 cup Saskatoon berry or Tart Cherry Jam

1/2 tsp basil

1/2 tsp oregano

1/2 tsp salt and pepper.

Blend or shake dressing in a jar and pour over salad.